

## Subject at a Glance: PE

Our aim is to encourage a culture of being healthy and active through participation in physical activity. Children of all abilities should work together, show resilience and look to challenge themselves to improve with competitive opportunities in a range of sports being provided.

### Intent – What do we aim to deliver?

To develop sportspeople with School Games Values at the forefront of their activity: Determination, Passion, Self-Belief, Teamwork, Honesty and Respect.



To provide a range of opportunities around sport and physical activities for all children – to participate, develop and compete.

To develop children who value a healthy, active lifestyle and know the benefits of continuing this into later life.



To provide 2 hours of curriculum PE and physical activity plus a further 60 active minutes (across non-PE days) through use of The Daily Mile track.

### Implementation – How do we aim to deliver it?



#### Real PE

Real PE is a scheme that focuses on the children's fundamental skills that lead into performing well in sport specific situations. Skills including static and dynamic balance, ball control and coordination are taught discretely through mini challenges, a specific warm up and a game tailored to skill development. KS1 experience their skills through stories too making literacy links as they learn.

#### PE Academy

PE Academy allows the children to display their fundamental skills in sport specific situations. Dance, gymnastics, athletics, invasion games and racket/bat sports are themes that run through the curriculum with Years 2-4 swimming for a term each year.



#### Extra-curricular Sport

We aim to provide every child in Year 5 and 6 an opportunity to take part in extra-curricular sport each year. Through PE Academy, school staff and external clubs, we provide the children with a range of opportunities including rugby league, football, netball, cricket, Zumba and many more forms of physical activity.

#### Change4Life

This lunchtime club is aimed at giving children a chance to improve skills, relationships and behaviour in a more relaxed environment. The subject lead selects children to attend and last year, 64% of those who attended took part in further extra-curricular sport afterwards.



### Impact – How will we know we have delivered it?

The majority of children in each year group are working at or above ARE for their age. Target groups are based on needs of individuals and cohorts.

Autumn 133% extra curricular participation

Spring 238% extra curricular participation

Summer 115% extra curricular participation

Class teachers/PE Academy and Key Stage HLTAs assess the children each session to ensure progress. The HLTA takes target groups for competition preparation and extra support.

Pupil voice shows that children are eager to participate/compete in physical activity in and out of school. Children start new clubs due to school sport.